

# Sending Healing Vibes



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## Stampin' Up! Supplies:

- STAMPS – Healing Hugs (146530 – clear, 146527 -wood)
- PAPER – Poppy Parade Cardstock (119793), Mossy Meadow Cardstock (133676), Whisper White Card Stock (100730)
- INK – Mossy Meadow (147111), Poppy Parade (147050)
- OTHER – Whisper White 5/8" (1.6 Cm) Polka Dot Tulle Ribbon (146912), Snail Adhesive (104332), Post It Notes, Snips (103579)

## Cutting & Scoring:

- Poppy Parade Card Base - 4 ¼" x 11", score at 5 ½"
- Mossy Meadow - 4" x 5 ¼"
- Whisper White Card Stock – 2 ¾" x 5"
- Ribbon – 7"

## Instructions:

- Stamp Rose on a Post It Note towards the sticky top with Poppy Parade Ink, cut out with Snips
- Stamp Rose with Poppy Parade on the Whisper White Layer on the left side
- Place Post It Note Mask over Rose and stamp two sets of leaves with Mossy Meadow Ink around the Rose
- Stamp Sentiment on right side with Mossy Meadow Ink
- Adhere the Whisper White layer to the top portion of the Mossy Meadow layer with Snail
- Tie Ribbon around the bottom into a knot on the front
- Add both layers to the Poppy Parade with Snail Adhesive